



Athkaar and Du'aa ~ For the Morning & the Evening **Sayyidul-Istighfaar (Chief Prayer for Forgiveness)**

Shaddad bin Aws narrated that:

حَدَّثَنَا الْحُسَيْنُ بْنُ حُرَيْثٍ، حَدَّثَنَا عَبْدُ الْعَزِيزِ بْنُ أَبِي حَازِمٍ، عَنْ كَثِيرِ بْنِ زَيْدٍ، عَنْ عَثْمَانَ بْنِ رَبِيعَةَ، عَنْ شَدَّادِ بْنِ أَوْسٍ، رَضِيَ اللَّهُ عَنْهُ أَنَّ النَّبِيَّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ لَهُ " أَلَا أَدُلُّكَ عَلَى سَيِّدِ الْإِسْتِغْفَارِ اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ خَلَقْتَنِي وَأَنَا عَبْدُكَ وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ وَأَبُوءُ إِلَيْكَ بِنِعْمَتِكَ عَلَيَّ وَأَعْتَرِفُ بِذُنُوبِي فَأَغْفِرْ لِي ذُنُوبِي إِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ . لَا يَقُولُهَا أَحَدُكُمْ حِينَ يُمَسِّي فَيَأْتِي عَلَيْهِ قَدْرٌ قَبْلَ أَنْ يُصْبِحَ إِلَّا وَجَبَتْ لَهُ الْجَنَّةُ وَلَا يَقُولُهَا حِينَ يُصْبِحُ فَيَأْتِي عَلَيْهِ قَدْرٌ قَبْلَ أَنْ يُمَسِّي إِلَّا وَجَبَتْ لَهُ الْجَنَّةُ "

The Prophet (ﷺ) said to him: "Should I not direct you to the chief of supplications for forgiveness? 'O Allah, You are my Lord, there is none worthy of worship except You, You created me and I am Your slave. I am adhering to Your covenant and Your promise as much as I am able to, I seek refuge in You from the evil of what I have done. I admit to You your blessings upon me, and I admit to my sins. So forgive me, for there is none who can forgive sins except You' (**Allahumma anta Rabbee, Laa Ilaaha Ilaa Anta, Khalaqtanee, Wa Anaa 'Abduka, Wa Anaa 'Alaa 'Ahdika Wa Wa'dika Ma-stata'tu, A'uuthu Bika Min Sharri Maa Sana'tu, Abuu-u Laka Bini'matika 'Alayya, Wa Abuu-u bithanbee, Faghfirlee, Fa-innahu Laa Yaghfiru Ath-thanuuba Ilaa Ant**)'

None of you says it when he reaches the evening, and a decree comes upon him before he reaches morning, except that Paradise becomes obligatory upon him. And none says it when he reaches the morning, and a decree comes upon him before he reaches evening, except that Paradise becomes obligatory for him." (**Sahih At-Tirmithi**)

So: Recite this Every Morning and Every Evening:

Allahumma anta Rabbee, Laa Ilaaha Ilaa Anta, Khalaqtanee, Wa Anaa 'Abduka, Wa Anaa 'Alaa 'Ahdika Wa Wa'dika Ma-stata'tu, A'uuthu Bika Min Sharri Maa Sana'tu, Abuu-u Laka Bini'matika 'Alayya, Wa Abuu-u bithanbee, Faghfirlee, Fa-innahu Laa Yaghfiru Ath-thanuuba Ilaa Anta.