



## **THIKR TO MEMORIZE**

وعن عثمان بن عفان رضي الله عنه قال: قال رسول الله صلى الله عليه وسلم: "ما من عبد يقول في صباح كل يوم ومساء كل ليلة: بسم الله الذي لا يضر مع اسمه شيء في الأرض ولا في السماء وهو السميع العليم، ثلاث مرات، إلا لم يضره شيء".  
رواه أبو داود والترمذي وقال حديث حسن صحيح .

**'Uthman bin 'Affan (May Allah be pleased with him) reported:**  
The Messenger of Allah (ﷺ) said, "He who recites three times every morning and evening: 'Bismillahil-lathī la yadurru ma'as-mihi shai'un fil-ardi wa la fis-sama'i, wa Huwas-Sami'ul-'Alim (In the Name of Allah with Whose Name there is protection against every kind of harm in the earth or in the heaven, and He is the All-Hearing and All-Knowing),' nothing will harm him."  
[Hasan Saheeh - Abu Dawud and At-Tirmidhi].

### **SAY THREE TIMES EVERY MORNING AND EVENING:**

**'Bismillahil-lathī la yadurru ma'a is-mihi shay'un fil-ardi wa la fis-sama'i, wa Huwas-Sami'ul-'Alim**

**Note:** <sup>[L]</sup><sub>[SEP]</sub>By morning it refers to after Fajr (according to some before the rising of the sun) (according to others after sunrise is okay) and by evening, one may read it after 'Asr (according to some scholars) or at Maghrib (according to other scholars).